

# Bridal Checklist

Getting married is supposed to be the best time of your romantic life, but without proper prep it can be something of an organizational nightmare. Every bride deserves to look flawless on their wedding day.

Weddings, however, aren't just about one day — it's more of a marathon, rather than just a race. So start planning early and don't be afraid to indulge a little when getting your beauty strategy in order — book a facial (or six) get those brows in tip top order and make sure you have a lipstick, powder or blotting papers on hand for the big day. You'll need these for those touch ups throughout the day.

## *Start Early With Skin Prep*

If you haven't been diligent about your skin-care routine, now's the time to begin. Getting regular facials will make a big difference in your skin's texture and helps you have the best base for makeup. Schedule monthly treatments (aim for at least three) that will illuminate and firm your complexion.

To prevent any last-minute irritation make sure your last facial is at least a week before the big day.

If your going to fake tan the optimum time to book in for a tan before an event is two days before the event. The colour will develop over 48 hours from the time of spray tan. Don't leave it until a special event to "trial" a new salon tan – that could end up a disaster.

## *Pack a start up kit*

Your wedding day will be all smiles, kisses, champagne toasts, and even a few happy tears — so basically a giant love fest through which even the most well-applied makeup is bound to fade. Pack a touch-up kit with the essentials — blush, translucent powder, lipstick, small mirror, cotton tips and tissues — and stash it in a bridesmaid's clutch and get them to keep an eye on your make up through the day as they may need to perform touch ups, especially before the photos start.

Now since you'll be on your groom's arm for most of the day, ask him to carry a gloss or lipstick in his pocket. A pretty lip gloss in a shade similar to the lipstick you were wearing at the beginning of the day makes touch-ups quicker and easier.



## *On your wedding day*

Remember to eat a healthy breakfast. It will keep you energized for the long day ahead.

Have a good sleep the night before and drink lots of water to stay hydrated to give that extra plumpness to the skin.

Cleanse the face but don't moisturize, face mask are a great way to give the skin that extra bridal glow before but make sure you trial it out a week or so before the wedding to make sure there is no irritation or reaction on the day.

5 of the Best Face Masks For an Instant Bridal Glow are:

- Tatcha Violet-C Radiance Mask
- Origins Retexturizing Mask with Rose Clay
- Fresh Beauty Lotus Youth Preserve Rescue Mask
- Summer Fridays Jet Lag Mask
- GLAMGLOW #GlitterMask GravityMud Firming Treatment

Wear a robe or button-down shirt that can be easily removed.

Relax, stay calm and enjoy every minute & remember this is your day!!

